



COYO 2018 - WORKSHOPS

Alcohol: Maggie Patterson and Bryce Barker, Canadian Centre on Substance Use and Abuse

The Canadian Postsecondary Education Partnership- Alcohol Harms (PEP-AH) provides an evidence-informed framework to encourage and support post-secondary educational (PSE) institutions to reduce alcohol-related harms on Canadian campuses. This session will provide attendees with an understanding of PEP-AH's 14 broad socio-ecological recommendations, identifying common indicators, and examples of implementation. Finally, the presentation will address how PEP-AH works to engage students, locally on campuses, regionally as leads in five areas across Canada, and nationally as part of the structure of PEP-AH to ensure that all PEP-AH initiatives are developed, implemented, and evaluated with student leaders.

Cannabis: Katie Fleming and Anna McKiernan, Canadian Centre on Substance Use and Abuse

The Canadian Centre on Substance Use and Addiction (CCSA) will present the research findings from the Canadian Youth Perceptions on Cannabis report. Based on this research, CCSA is developing a Communication Guide tool with input from youth and designed for those serving youth (e.g., parents, educators, healthcare practitioners, trusted youth allies, etc.). The Guide will educate and inform those serving youth about how to have protective, unbiased, informed and non-judgmental conversations with youth about cannabis, while providing youth with accurate information on the substance to inform their decision-making process. Knowledge from this workshop will help ensure the Communication Guide meets the needs of both the intended audience and knowledge users, and increase uptake at the outset.

Canadian Centre for Child Protection, Lindsay Lobb

The Canadian Centre for Child Protection is a charitable organization dedicated to the personal safety of all children. The Centre's goal is to reduce victimization by providing national programs and service to the Canadian public. Through the operation of Cybertip.ca – Canada's tipline for reporting the online sexual exploitation of children – the Canadian Centre for Child Protection has an expertise and unique window into child sexual abuse and how technology has impacted victimization. This session will focus on how the Canadian Centre for Child Protection can assist law enforcement in their efforts to protect children. Information will be provided on the services of the Centre, available online training and practical resources available to front line officers.

Gang Intervention and Gang Exit: Andrew Bacchus, Ministry of Children and Youth Services

During this workshop, participants will learn about effective strategies when working with gang involved youth. Andrew Bacchus has 20 years of experience doing gang intervention work from a front line perspective and also from a program development perspective. Andrew will share his personal journey in the world of youth gangs and will also discuss the importance of youth engagement. Andrew will also discuss what programs and services are currently available for gang involved youth throughout the province of Ontario.



How to live to 120: Dr. Greg Wells, University of Toronto, Hospital for Sick Children

In all facets of life there are countless ways to be better. Dr. Wells shatters complex physiology to clearly explain how there are best practices that everyone can use to achieve their dreams, be happier and healthier and improve themselves. Rooting his concepts in science, Dr. Wells will leave you with practical tips that can help you be better!

Imagine Canada - Reconciliation in Action Camp: Dave Golden, Trillium Lakelands District School Board

Trillium Lakelands District School Board staff and students, both elementary and secondary, have been involved in a unique co-designed program with Me to We for the past two years called Imagine Canada-Reconciliation in Action Camp that focuses on further enhancing students knowledge of the history and traditions of Canada's Indigenous populations and promotes diversity and inclusivity in the collective Canadian community. Throughout the program, students have the opportunity to reflect on their place in Canada's history and learn about their own unique privilege and perceptions. The actions students have committed to and have carried out after this experience have been tremendous. This workshop will showcase the program and share some of the experiences during the program, reflections and outcomes.

Project Sunset and Journey – Pioneering Prevention: Ontario Provincial Police

Project Sunset and Journey are two OPP youth-centred engagement strategies taking place in the North West Region. Both model groundbreaking crime prevention strategies with outputs addressing the needs of youth rather than 'fixing the problem'. We do this using a Strengths-Based approach, through weekly nature-based activities developing life skills and reinforcing traditional values. Both projects build sustainable community partnerships that identify innovative solutions to proactively address root causes of youth crime, social disorder and crisis. www.projectsunset.ca

We will describe experiential learning examples and the tools we use with our youth. As well, show videos of our outdoor experiences, challenges and successes, filled with learning opportunities that demonstrate growth and resiliency, including the music and cultural components of our program that develop a positive self-concept and effective social skills within communities.

Supporting Transgender Youth: PC Ryan Park and Cayden Panetta - Toronto Police Services

Ryan Park is a Police Constable for Toronto Police Service and was a School Resource Officer when he met, Cayden, a grade 12 student. Cayden is a transgender youth who will speak to the difficult times he had coming out to his family and the incredible support he still receives from his School Resource Officer, "Officer Ryan" during and after his transition. PC Park will discuss his experience as a School Resource Office and the personal journey he and Cayden shared.



T.E.A.R, Teens Ending Abusive Relationships: Youth Leaders

The T.E.A.R. Youth Leaders will speak about Victim Services Toronto and the T.E.A.R program. An explanation of the leadership programs that are currently running in the schools and community will be given such as T.E.A.R. in a digital world workshop and #TEARtalk (a twitter talk for youth). Youth Leaders will share their personal stories and discuss the significance of the strategies used by positive adult mentors that made a difference in their journey.

UNITED: Constable Antonio Cedrone and Constable Doug MacRae, York Regional Police Service

In January 2014, Constable Cedrone and Constable MacRae got together and brainstormed new and innovative approaches in order to engage youth. One idea they came up with was the creation of a York Regional Police superhero named United. This ground breaking project included not only the concept of a superhero but also the creation of a short film in conjunction with a regional youth film festival that emphasizes the importance of the police and the community working together.

The success of United led to the creation of a female superhero, Unity. Unity and United have engaged thousands of youth at various events such as WE Day, Fan Expo, and Halloween in the Village to name a few. Participants of this workshop will take away new ideas and innovative ways to engage youth in their community.

Youth Trends: Ashton Bennett, and Louis Zuniga, Royal Canadian Mounted Police National Youth Services

The RCMP Youth Trends Report (YTR) is published by RCMP National Youth Services. This quarterly report is aimed at informing frontline officers and persons working with youth (ages 13-18) about topics that are popular amongst young people.

The Youth Trends Report includes trending topics such as: drug trends, risky behaviour, online communication, and youth lingo and terminology. The report is developed in consultation with youth from across Canada, who provide information on the trends of Canadian youth. The Youth Trends Report can be used by law enforcement, teachers, school administrators, probation officers, and others who work with youth to enhance youth engagement, monitor online/ offline behaviour, and to educate front line employees on youth culture. The report is distributed to law enforcement agencies across Canada and internationally.

RCMP National Youth Services aims at reducing youth involvement in crime, as victims and offenders. This workshop will allow you to gain valuable insight into current youth culture and trends in an effort to prevent youth crime and victimization.