

# October is Child Abuse Awareness Month

## DO SOMETHING!

**LEARN** why abuse happens, and how you can help stop it.

**TEACH** children and youth how to protect themselves, and how to help a friend.

**LISTEN** if a young person tells you that they are being harmed. Believe them. Help them.

**REPORT** the abuse to the appropriate local authorities.

**SUPPORT** programs that make a difference in young lives.

**VOLUNTEER** as a Red Cross prevention educator.

**START** by visiting RespectED at [www.redcross.ca](http://www.redcross.ca)

